



**MESSMER CATHOLIC SCHOOLS
ELEMENTARY BREAKFAST MENU**

BREAKFAST IS FREE TO ALL STUDENTS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3
Apple Frudel
Fruit Choice
Chilled Juice Cup
Milk Choice

4
**Hard Boiled Egg
with Toast**
Fruit Choice
Chilled Juice Cup
Milk Choice

5
**Warm Sausage
Bagel Sandwich**
Fruit Choice
Chilled Juice Cup
Milk Choice

6
**Hot Pancake
Sausage on a Stick**
Fruit Choice
Chilled Juice Cup
Milk Choice

9
**Cinnamon French
Toast Sticks
with Syrup**
Fruit Choice
Chilled Juice Cup

10
Mini Bagel Sticks
Fruit Choice
Chilled Juice Cup
Milk Choice

11
**Cheesy
Scrambled Eggs
with Toast**
Fruit Choice
Chilled Juice Cup

12
**Sausage or Egg
Biscuit Sandwich**
Fruit Choice
Chilled Juice Cup
Milk Choice

13
**Ultimate
Breakfast Round**
Fruit Choice
Chilled Juice Cup
Milk Choice

16
**Hot Ham & Cheese
Muffinwich**
Fruit Choice
Chilled Juice Cup
Milk Choice

17
**Cinnamon Apple
French Toast**
Fruit Choice
Chilled Juice Cup
Milk Choice

18
**Savory Sausage
Breakfast Pizza**
Fruit Choice
Chilled Juice Cup
Milk Choice

19
**Sweet Strawberry
Yogurt Parfait
with Granola**
Chilled Juice Cup
Milk Choice

20
**Bagel
w Cream Cheese**
Fruit Choice
Chilled Juice Cup
Milk Choice

23
**Hot Pancake
Sausage on a Stick**
Fruit Choice
Chilled Juice Cup
Milk Choice

24
**Cheesy Scrambled
Eggs with Toast**
Fruit Choice
Chilled Juice Cup
Milk Choice

25
**Warm Mini Waffles
and Syrup**
Fruit Choice
Chilled Juice Cup
Milk Choice

26
**Sausage & Cheese
Bagel Sandwich**
Fruit Choice
Chilled Juice Cup
Milk Choice

27
Apple Frudel
Fruit Choice
Chilled Juice Cup
Milk Choice

30
**Assorted Whole
Grain Muffin
String Cheese**
Fruit Choice
Chilled Juice Cup



**BREAKFAST
Giving ENERGY
to your body
and mind!**



**Breakfast Prices:
Did you know???**
Messmer offers
"Universal Free
Breakfast"
To all students
Adult \$2.25
Milk \$0.40

*Our menu features one rotating menu item or
Cold Cereal & Goldfish Crackers
All meals include fruit, juice cup and milk*

*You must take 3 of 4 items for a complete meal.
Fruit or juice cup must be on your tray*

*Serving
Breakfast
Monday – Friday
7:15am to 7:45am*

Menus are subject to change without notice.