



CHEF'S SPECIALS

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: Mini Pancakes

Tuesday: Savory Sausage Breakfast Pizza

Wednesday: Egg or Sausage Bagel Sandwich

Thursday: Pancake Sausage on a Stick

Friday: Waffles

WEEK 2

Monday: Mini Waffles

Tuesday: Savory Sausage Breakfast Pizza

Wednesday: Egg or Sausage Muffinwich

Thursday: Cinni Mini Cinnamon Roll

Friday: Hot Golden Pancakes

GOOD TO GO

Includes Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Choice of 1

Biscuit Sandwich • Apple or Cherry Frudel •
Cinni Mini • Ultimate Breakfast Round •
Bagel and Cream Cheese • Yogurt Parfait

Choice of 2

Cereal • Cereal Bar • Pop Tart • Muffin •
Goldfish Cracker • Vanilla Bear Cracker
• String Cheese • Yogurt Cup

BUILD A HEALTHY PLATE

Make half your plate
fruits and vegetables.
Make at least half your
grains, whole grains.
Vary your protein choices.
Switch to skim or 1% milk.

For more information go to
www.choosemyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and
two of the three available options:

- Grains
- Protein
- ½ Pint Milk

Breakfast is Free
For All Students
Adult Breakfast \$2.25

Serving Breakfast :
7:15 – 7:45
Monday - Friday



*Good to Go
Breakfast on the Go
Includes choice of 3 items*

*Cereal • Cereal Bar • Pop Tart • Muffin •
Goldfish Cracker • Vanilla Bear Cracker
• String Cheese • Yogurt Cup*

1 must be a Fruit and / or Juice

White or Chocolate Milk