

December | 2022

Breakfast

Messmer High School

Araysha Robinson 414-264-5440 Ext: 1238

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Breakfast Pizza Fruit Choice Juice Choice Milk	02 Egg, Potatoes, & Cheese Scramble Fruit Choice Juice Choice Milk
05 Bacon & Cheese Sandwich Fruit Choice Juice Choice Milk	06 Veggie Breakfast Bowl Fruit Choice Juice Choice Milk	07 Biscuits & Gravy Fruit Choice Juice Choice Milk	08 Egg & Cheese Burrito Fruit Choice Juice Choice Milk	09 Overnight Oats, Blueberry Fruit Choice Juice Choice Milk
12 Warm Muffin String Cheese Fruit Choice Juice Choice Milk	13 Breakfast Bake Fruit Choice Juice Choice Milk	14 Donut Ring Fruit Choice Juice Choice Milk	15 Breakfast Pizza Fruit Choice Juice Choice Milk	16 Egg, Potatoes, & Cheese Scramble Fruit Choice Juice Choice Milk
19 Sausage & Cheese Sandwich Fruit Choice Juice Choice Milk	20 Veggie Breakfast Bowl Fruit Choice Juice Choice Milk	21 Biscuits & Gravy Fruit Choice Juice Choice Milk	22 Christmas Break	23 Christmas Break
26	27	28	29	30



SPECIALS
Daily Choice
of Muffins

SPECIALS
Daily Choice
of Yogurt
Parfait

SPECIALS
Daily Choice
of
PBJ Sandwiches

SPECIALS
Daily Choice
of Cereal Bars,
Nutri-grain Bars,
Pop Tarts

SPECIALS
Daily Choice
of Graham
Crackers, Cereal