

# October | 2024

## Messmer High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Swedish Meatballs</b> 30 <b>Over Potatoes</b> <b>Dinner Roll</b> Cucumber Slices Bananas Pears Milk Choice	<b>Pizza Extravaganza</b> 01 Steamed Broccoli Pears Green Apples Milk Choice	<b>Beef Mex Mac N Cheese</b> 02 <b>Dinner Roll</b> <b>Steamed Corn</b> Red Apples Mixed Fruit Milk Choice	<b>Savory Beef Over Rice</b> 03 <b>Dinner Roll</b> Baby Carrots Peaches Red Apples Milk Choice	<b>National Taco Day!</b> 04 Walking Tacos Refried Beans Pineapple Tidbits Oranges Milk Choice
<b>Beef Shepard Pie</b> 07 Dinner Roll Mixed Vegetable Bananas Peaches Milk Choice	<b>Savory Chicken Teriyaki</b> 08 <b>Over Rice</b> Refried Beans Mixed Fruit Oranges Milk Choice	<b>Spaghetti w/ Meat Sauce</b> 09 Breadstick Fresh Broccoli Oranges Mixed Fruit Milk Choice	<b>Loaded Beef Fries</b> 10 <b>Nacho Cheese</b> Black Beans Apple Sauce Red Apples Milk Choice	<b>Hoagie Meatball Sandwich</b> 11 Steamed Carrots Mandarin Oranges Green Apples Milk Choice
<b>Crispy Chicken Bowl</b> 14 <b>Dinner Roll</b> Cucumber Slices Bananas Mandarin Oranges Milk Choice	<b>Tater Tot Casserole</b> 15 Vegetarian Beans Peaches Oranges Milk Choice	<b>Breakfast For Lunch</b> 16 French Toast Sticks Sausage Patty Tater Tots Fresh Broccoli Oranges Mixed Fruit Milk Choice	<b>National Pasta Day!</b> 17 Chicken Alfredo Pasta Breadstick Baby Carrots Pineapples Red Apples Milk Choice	<b>Pizza Extravaganza</b> 18 Steamed Broccoli Pears Mixed Fruit Milk Choice
<b>Spicy Chicken Bites</b> 21 <b>Tater Tots</b> Cucumber Slices Bananas/Pears Milk Choice	<b>Sweet &amp; Sour Meatballs</b> 22 <b>Over Rice</b> Vegetable Blend Mandarin Oranges Green Apples Milk Choice	<b>Buffalo Chicken Wrap</b> 23 <b>Corn Chips</b> Fresh Broccoli Oranges Peaches Milk Choice	24 <b>Chef's Choice (Retreat)</b>	25 <b>Chef's Choice (Retreat)</b>
<b>Swedish Meatballs</b> 28 <b>Over Potatoes</b> <b>Dinner Roll</b> Cucumber Slices Bananas Pears Milk Choice	<b>Beef Nachos Nacho Cheese</b> 29 Refried Beans Pineapples Oranges Milk Choice	<b>Beef Mex Mac N Cheese</b> 30 <b>Dinner Roll</b> <b>Steamed Corn</b> Red Apples Mixed Fruit Milk Choice	<b>Savory Beef Over Rice</b> 31 <b>Dinner Roll</b> Baby Carrots Peaches Red Apples Milk Choice	
<b>SPECIALS</b> Daily Entrees	<b>SPECIALS</b> Daily Deli Sandwiches	<b>SPECIALS</b> Daily Pizza Specials	<b>SPECIALS</b> Breaded Chicken or Cheeseburger	<b>SPECIALS</b> Daily Ala Carte